



Tong Duong, M.D., M.B.A., C.H.R.M. and Adil Ceydelli, M.D., M.S.
 Plastic Surgery Institute & Spa • Panama City, Florida
 (850) NIP-TUCK (647-5825) • www.cejdeli.com • www.850niptuck.com

MOMMY MAKE OVER



EXPERIENCING THE MIRACLE OF LIFE TAKES ITS TOLL ON A WOMAN'S BODY.

Unconditional love and nurturing drain her bosoms. What can modern medicine do to make up for these motherly sacrifices, to bring the woman's figure back to an embodiment of beauty that has inspired generations of artist and writers, not mentioning ordinary husbands and fathers? The answer is a Mommy Make Over cosmetic surgery plan that entails breast augmentation and lifting, tummy tuck, and body liposculpture. All of these works can be done in one outpatient setting under general anesthesia, provided the patient is in general good health.



Before/After Mommy Make Over



Before/After Mommy Make Over



Before/After Mommy Make Over



Before/After Mommy Make Over

More photos available on www.Ceydelli.com

DETAILS OF THE TECHNIQUE:

The "Mommy Makeover" Dr. Ceydelli and Dr. Duong perform, consists of lifting the breast and tightening the tummy simultaneously in an outpatient setting.

They use liposuction-assisted short-scar breast lift technique for transforming the breast. Even though they developed improvements and published numerous articles about the traditional breast lift/reduction techniques (inferior pedicle, wise-pattern, anchor shape scar breast lift/reduction), they now adopted the liposuction-assisted short scar-breast lift/reduction technique, and they perform this technique exclusively in all their breast lift and reduction cases, no matter how big or saggy the breasts are.

With this short scar technique, they minimize the unsightly scars underneath the breast, and more importantly they sculpt a

beautiful, round, uplifted breast with longer lasting results, unlike the traditional breast lift/reduction techniques.

Their approach to tummy-tuck (abdominoplasty) also differs from the rest.

Their tummy-tucks are not simply cutting the excess skin and fat, but rather toning and sculpturing the abdomen with sexy waist-lines, creating a natural innie belly button, and placing the incisions low enough that invisible scars are created even when the lowest-cut bikini bottoms are worn.

Mommy Make Over cosmetic surgery plan entails breast augmentation and lifting, tummy tuck, and body liposculpture. All of these works can be done in one outpatient setting under general anesthesia, provided the patient is in general good health.

After finishing his Plastic Surgery training, Dr. Ceydelli also completed a prestigious Aesthetic Fellowship in Honolulu, Hawaii with Dr. Robert Flowers, one of the most innovative Aesthetic Plastic Surgeons of the century. Dr. Ceydelli is one of the few Plastic Surgeons in the country, who was accepted to this position. His fellowship in Hawaii mainly focused on Facial Aesthetic Surgery and Asian Plastic Surgery.

Dr. Ceydelli was included in "2007 Guide to America's Top Plastic Surgeons" by Consumers' Research Council of America, and in multiple editions of Who's Who's in America. He was named one of the emerging leaders in Healthcare and Medicine. He is double board certified by American Board of Plastic Surgery and American Board of Surgery.

Dr. Duong has 20 years of experience in the field of plastic surgery, performing more than 500 cosmetic cases per year during the last three years. This experience fine tunes his skills and helps him to develop a wide range of variations for cosmetic procedures so that he is able to custom fit a surgical plan to each patient.

Besides the experience, Dr. Duong has an eye for arts, as he can see the details that bring out the accent of beauty. His artworks include paintings and sculptures of which pictures have graced the covers of the Aesthetic Surgery Journal and the two books he has written, *The Naked Humanity* and *On The Mangrove Shoreline*.