



BRINGING BEVERLY HILLS TO PANAMA CITY

Dr. Adil Ceydeli & The New Plastic Surgery Institute & Spa

Living near the “World’s Most Beautiful Beaches” is truly a magnificent community in which to reside. The snowy white sand, the magnificent turquoise colored waters as well as the many other wonderful amenities our area has to offer make it a prime destination for tourists from all over the world. The opportunity to relax and vacation in such a tropical paradise certainly has obvious benefits, but as in every locale, you must make some compromises. I am sure that many of you have traveled to big cities, such as Atlanta, New York or perhaps even Beverly Hills to go shopping, see theatrical shows or even in some cases for medical reasons because there is a much wider variety of selections from which to choose. It is just the nature of a metropolis. Of course the extra time and money that is required to reach these destinations also factors into the equation, more for some than others. Wouldn’t it be wonderful to be able to simply step through a door and be transported to the big city and then open the door again and be transported right back to the Emerald Coast? Surprise! Such a door does exist at 1702 Highway 77 at the brand new, state of the art **Plastic Surgery Institute & Spa**.

Once you step through the heavy opaque

glass doors you are enveloped in a waiting area with beautiful marble floors and eye-catching décor that makes you feel like you have just arrived smack dab in the middle of Beverly Hills. No expense has been spared as you look around the luxurious waiting area in anticipation of what might certainly be a life changing experience. Flat-screen TVs dot the walls offering information of the many services that are provided by Board Certified plastic surgeon **Dr. Adil Ceydeli** and his staff.

As you exit the waiting area, you can see attention to detail everywhere you look. The flooring has a glistening silver and black pattern and the walls are adorned with various unique, eye-catching artistic objects. There are several rooms available, some for spa treatments, some for consultations and some for the various on-site procedures.

Dr. Ceydeli is a highly decorated surgeon, winning numerous awards on his research in scarless wound healing and his numerous contributions to the advancement of plastic surgery, including one from the American College of Surgeons and one from the Association for Academic Surgery. The defining moment in his growth as a surgeon came when he was chosen and completed a prestigious

advanced Aesthetic Fellowship in Honolulu, Hawaii with world renowned plastic surgeon Dr. Robert Flowers, considered one of the most innovative Aesthetic Plastic Surgeons of the century. It was during that fellowship that he was able to learn and refine surgical techniques innovated by Dr. Flowers, thus allowing him to provide some procedures that very few others even knew existed. His most recent achievement came in October of this year when he opened his own private practice, the aforementioned **Plastic Surgery Institute & Spa**.

When it comes to plastic surgery, Dr. Ceydeli is one of the best in the area. Although adept at surgical procedures, Dr. Ceydeli prefers to pursue the safer non-invasive route with his patients if at all possible. The cutting edge technology which is available to him provides him with many alternatives which are quicker and safer and in many cases more effective than putting someone under the knife.

This also allows the majority of procedures to be done on site with a simple local anesthesia and can be completed in a rather short period of time. One of the higher end procedures which is performed on site is the **Ultra Pulse Fractional CO2 Laser Skin Resurfacing** which is considered the gold standard in



skin resurfacing. A small laser is used on the surface of the skin in such a way that tiny islands of the original skin remain in between the treated skin. This allows for a much quicker healing process and virtually eliminates fine lines, wrinkles, brown spots, acne and surgical scars and other skin problems with simply one treatment and very little recovery time.

Dr. Ceydeli makes the point that the two most looked at features of the face are the eyes and the mouth. Dr. Ceydeli is one of a chosen few who studied under Dr. Robert Flowers, the inventor of the **MAG-5** (magnificent 5) which is a surgical procedure targeting five areas around the eyes and rejuvenates those areas leaving a much younger and healthier looking patient without the plastic stretched look that traditional facelifts may leave. The procedure leaves the patient looking younger, refreshed and most importantly natural.

Valentine Mouth Rejuvenation, also taught to him by Dr. Flowers, is a procedure unique to Dr. Ceydeli. This procedure extends far beyond simply giving the patient larger fuller lips; it is actually intended to reshape the mouth so that it creates a much more defined and happier looking appearance. As we age, the

corners of the mouth tend to sag creating the presence of a frown. In the Valentine procedure, the corners of the mouth are lifted and the lips more clearly defined giving a much more appealing look of happiness and well-being.

While most skin treatments work from the outside, the ominously named **Vampire Skin Rejuvenation** actually does its work from the inside. In this procedure, a small amount of your own blood is taken out and placed in a machine that extracts the pure platelet rich plasma which is rich with growth factors and stem cell markers then reinjected back into the skin and this in turn stimulates your own skin cells to help rejuvenate and repair, much like fertilizer stimulates the growth of grass in your yard.

Dr. Ceydeli also performs nearly all of the more common cosmetic procedures such as, vein treatment, botox, juvederm, radiessce, as well as hair transplants. The spa side of the practice offers microdermabrasion, dermaplaning, numerous facials and massages, hand treatments, full body waxing, chemical peels and laser hair removal.

Sometimes non-invasive procedures simply aren't enough. Fortunately Dr. Ceydeli is highly skilled in performing numerous surgical procedures including,

but not limited to: shortscar breast lifts, breast reductions, dual plane breast augmentation, various body contouring procedures including tummy tucks, liposuction and various more involved facial procedures. These include eyelid surgery, brow lifts, face and neck lifts and the list goes on and on. I suppose simplest way to put it is that if there is something about your body or your face that you are unhappy with, then you can be assured Dr. Adil Ceydeli has a solution.

The best thing about the **Plastic Surgery Institute & Spa** is when you are finished with your big city experience and treatment; you don't have to go through the hassle of the airport, getting frisked by the chubby guy with the attitude or driving several hours to get back home with a backseat full of tired and noisy kids. No, just like Dorothy in the Wizard of Oz, who clicked her heels together to get back to Kansas, you just open that magic door and BAM! You're home.

For more information on **Dr. Adil Ceydeli** and **The Plastic Surgery Institute & Spa** you can visit his website www.Ceydeli.com or call **850-NIP-TUCK**.